



Client Information

<i>Client Name</i>	Dummy Client
<i>Date of birth (age)</i>	1 January 2000 (25)

Assessment Information

<i>Assessment</i>	Multidimensional Inventory of Dissociation 60-item version (MID-60)
<i>Date administered</i>	26 July 2025
<i>Assessor</i>	Dr Website Administration
<i>Time taken</i>	41 minutes 39 seconds

Results

	Mean Score	Normative Percentile	Clinical Percentile
Total	20	69.4	2.5

Interpretive Text

This client has mild dissociative symptoms and experiences. PTSD or a mild dissociative disorder (such as dissociative amnesia, depersonalisation / derealisation disorder) are possible.

Check the subscale scores and cutoffs below for further clinical information.

Dissociative Identity Disorder

	Mean Score	In Clinical Range?
Amnesia (for recent events)	0	No

DID and OSDD-1

	Mean Score	In Clinical Range?
Awareness of alter personalities	0	No
Angry intrusions	20	Yes
Persecutory intrusions	0	No

Depersonalisation / Derealisation Disorder

	Mean Score	In Clinical Range?
Depersonalisation / Derealisation	0	No

Dissociative Amnesia

	Mean Score	In Clinical Range?
Distress about memory problems	25	No
Loss of autobiographical memory	90	Yes



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Post-Traumatic Stress Disorder

	Mean Score	In Clinical Range?
Flashbacks	42	Yes

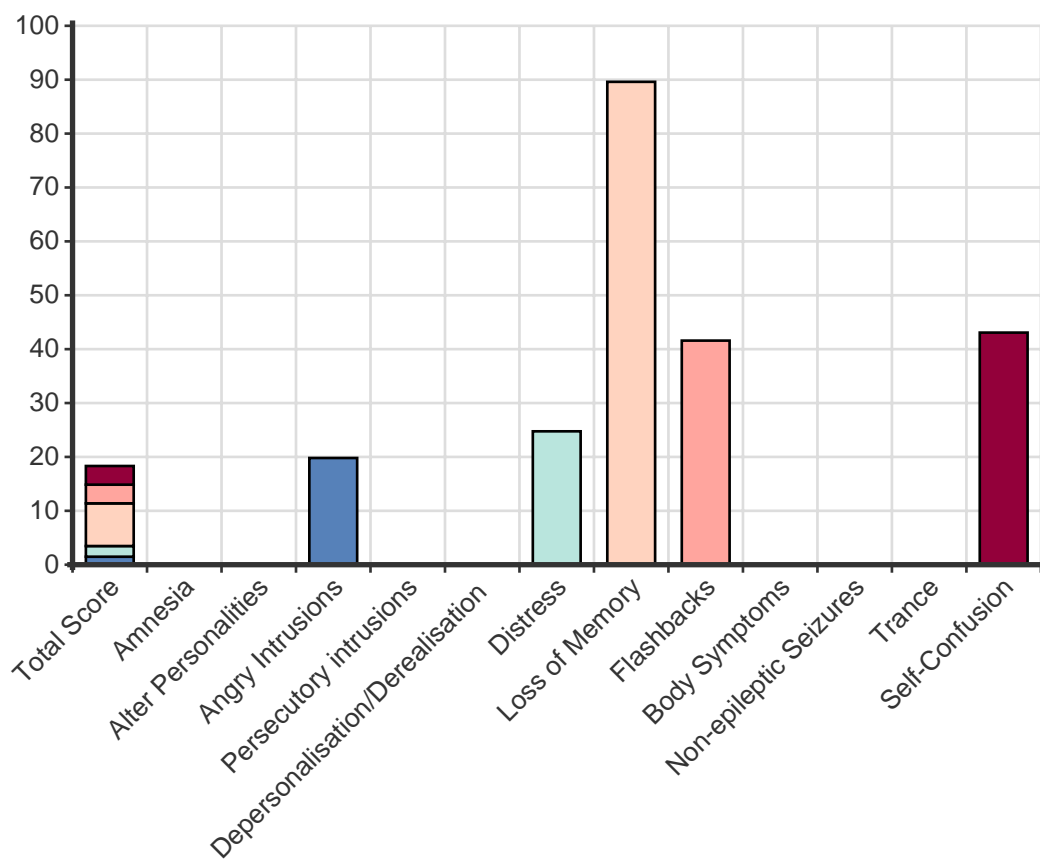
Conversion Disorder

	Mean Score	In Clinical Range?
Body symptoms	0	No
Pseudo-Seizures	0	No

General Subscales

	Mean Score	In Clinical Range?
Trance	0	No
Self-Confusion	43.3	Yes

Mean Scores





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Scoring and Interpretation Information

A total mean score (range 0 to 100) is calculated by averaging all 60 responses and multiplying by 10. The mean score represents to total level of dissociative experiences, also interpreted as percentage of time the person self-reports having dissociative symptoms and experiences.

Two percentiles are presented for the total mean score, indicating how the respondent scored in comparison to normative and clinical populations.

The normative percentile provides a comparison against a sample of typical individuals (Kate et al., 2021). A percentile of 50 represents average (and healthy) levels of dissociative experiences. In contrast, a percentile of 90 indicates the respondent scored above 90 percent of typical individuals and is of clinical significance.

The clinical percentile compares the respondent's score against people who have been diagnosed with a dissociative disorder (Kate, Jamieson & Middleton, 2021; 2022). A clinical percentile of 50 represents pathological levels of dissociation that is typical among those with a dissociative disorder.

Interpretation for the MID-60 mean scores is as follows:

- 0–7: Does not have dissociative experiences
- 7–14: Has few diagnostically significant dissociative experiences
- 15–20: Mild dissociative symptoms and experiences. PTSD or a mild dissociative disorder (such as dissociative amnesia, depersonalisation / derealisation disorder) are possible
- 21–30: May have dissociative disorder and/or PTSD
- 31–40: May have a dissociative disorder (such as OSDD-1 or DID) and PTSD
- 41–64: Probably has DID or a severe dissociative disorder and PTSD
- 64 +: Severe dissociative and post-traumatic symptoms. High scores may also reflect neuroticism, attention seeking behaviour, exaggeration or malingering of symptoms, or psychosis

Subscales

The MID-60 provides information on subscales relevant to different diagnoses. This enables the clinician to form an impression about the likely diagnosis. For example, a score of 27 is clinically significant, but does not indicate the most likely diagnosis. If the subscales of PTSD and depersonalisation/derealisation are both above the clinical threshold, this can indicate the person has the dissociative subtype of PTSD, whereas if the memory-related subscales are above the clinical threshold this can indicate dissociative amnesia. Another example is a person who has a total mean score of 45, which would seem to indicate dissociative identity disorder. Yet, if the subscale score for amnesia (for recent events) is not elevated, this points towards a more severe case of other



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Scoring and Interpretation Information (cont.)

specified dissociative disorder.

The subscales are:

- DID: Amnesia (for recent events) - items 42, 45, 48, 58. Clinical cutoff = 10
- DID / OSDD-1: Subjective awareness of alter personalities and self-states - items 3, 36, 39, 49, 57. Clinical cutoff = 20
- DID / OSDD-1: Angry intrusions - items 28, 33, 35, 46, 60. Clinical cutoff = 18
- DID / OSDD-1: Persecutory intrusions - items 22, 37, 44, 56, 59. Clinical cutoff = 18
- Derealisation/Depersonalisation - items 2, 7, 9, 13, 25, 47, 50, 53. Clinical cutoff = 20
- Dissociative Amnesia: Distress about severe memory problems - items 1, 8, 20, 38, 43, 52. Clinical cutoff = 30
- Dissociative Amnesia: Loss of autobiographical memory - items 16, 19, 24, 29, 34. Clinical cutoff = 34
- PTSD: Flashbacks - items 4, 15, 31, 40, 54. Clinical cutoff = 16
- Conversion Disorder: Body symptoms - items 5, 10, 14, 18. Clinical cutoff = 10
- Conversion Disorder: Pseudo-Seizures (Psychogenic non-epileptic seizures) - item 26. Clinical cutoff = 10
- General Subscales: Trance - items 21, 27, 30, 32, 41, 51. Clinical cutoff = 11.7
- General Subscales: Self-confusion - items 6, 11, 12, 17, 23, 55. Clinical cutoff = 33.3

The MID-60 is for screening purposes, is not designed to be the sole determinant of a diagnosis and should always be used in conjunction with clinical expertise. Further evaluations can be conducted with the Structured Clinical Interview for DSM-5 Dissociative Disorders (SCID-D) or Dissociative Disorders Interview Schedule (DDIS).

Client Responses



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		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
1	Forgetting what you did earlier in the day	0	1	2	3	4	5	6	7	8	9	10
2	Having an emotion (e.g., fear, sadness, anger, happiness) that doesn't feel like it is "yours."	0	1	2	3	4	5	6	7	8	9	10
3	Hearing the voice of a child in your head	0	1	2	3	4	5	6	7	8	9	10
4	Reliving a traumatic event so vividly that you totally lose contact with where you actually are (that is, you think that you are "back there and then")	0	1	2	3	4	5	6	7	8	9	10
5	Having difficulty swallowing (for no known medical reason)	0	1	2	3	4	5	6	7	8	9	10
6	Having trance-like episodes where you stare off into space and lose awareness of what is going on around you	0	1	2	3	4	5	6	7	8	9	10
7	Being told of things that you had recently done, but with absolutely no memory of having done those things	0	1	2	3	4	5	6	7	8	9	10
8	Not remembering what you ate at your last meal-or even whether you ate	0	1	2	3	4	5	6	7	8	9	10
9	Things around you feeling unreal	0	1	2	3	4	5	6	7	8	9	10
10	Not being able to see for a while (as if you are blind) for no known medical reason	0	1	2	3	4	5	6	7	8	9	10
11	Feeling very detached from your behaviour as you "go through the motions" of daily life	0	1	2	3	4	5	6	7	8	9	10
12	Feeling uncertain about who you really are	0	1	2	3	4	5	6	7	8	9	10
13	Feeling that other people, objects, or the world around you are not real	0	1	2	3	4	5	6	7	8	9	10
14	Being paralysed or unable to move (for no known medical reason)	0	1	2	3	4	5	6	7	8	9	10
15	Being so bothered by flashbacks that it was hard to get out of bed and face the day	0	1	2	3	4	5	6	7	8	9	10
16	Not remembering large parts of your childhood after age 5	0	1	2	3	4	5	6	7	8	9	10
17	Feeling disconnected from everything around you	0	1	2	3	4	5	6	7	8	9	10
18	Not being able to hear for a while (as if you are deaf) (for no known medical reason)	0	1	2	3	4	5	6	7	8	9	10
19	Feeling that pieces of your past are missing	0	1	2	3	4	5	6	7	8	9	10
20	Immediately forgetting what other people tell you	0	1	2	3	4	5	6	7	8	9	10



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Client Responses (cont.)

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
21	Having difficulty walking (for no known medical reason)	0	1	2	3	4	5	6	7	8	9	10
22	Hearing a voice in your head that wants you to hurt yourself	0	1	2	3	4	5	6	7	8	9	10
23	Feeling very confused about who you really are	0	1	2	3	4	5	6	7	8	9	10
24	Feeling that important things happened to you earlier in your life, but you cannot remember them	0	1	2	3	4	5	6	7	8	9	10
25	Feeling as if you were looking at the world through a fog so that people and objects felt far away or unclear	0	1	2	3	4	5	6	7	8	9	10
26	Having seizures for which your doctor can find no reason	0	1	2	3	4	5	6	7	8	9	10
27	Going into trance so much (or for so long) that it interferes with your daily activities and responsibilities	0	1	2	3	4	5	6	7	8	9	10
28	Words just flowing from your mouth as if they were not in your control	0	1	2	3	4	5	6	7	8	9	10
29	Feeling that there are large gaps in your memory	0	1	2	3	4	5	6	7	8	9	10
30	Going into trance for hours	0	1	2	3	4	5	6	7	8	9	10
31	Bad memories coming into your mind and you can't get rid of them	0	1	2	3	4	5	6	7	8	9	10
32	Drifting into trance without even realising that it is happening	0	1	2	3	4	5	6	7	8	9	10
33	Words come out of your mouth, but you didn't say them; you don't know where those words came from	0	1	2	3	4	5	6	7	8	9	10
34	Being able to remember very little of your past	0	1	2	3	4	5	6	7	8	9	10
35	When you are angry, doing or saying things that you don't remember (after you calm down)	0	1	2	3	4	5	6	7	8	9	10
36	Feeling that you have multiple personalities	0	1	2	3	4	5	6	7	8	9	10
37	Hearing a voice in your head that calls you names (e.g., wimp, stupid, whore, slut, bitch, etc.)	0	1	2	3	4	5	6	7	8	9	10
38	Poor memory causing serious difficulty for you	0	1	2	3	4	5	6	7	8	9	10
39	Having other people (or parts) inside you who have their own names	0	1	2	3	4	5	6	7	8	9	10



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Client Responses (cont.)

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
40	Reliving a past trauma so vividly that you see it, hear it, smell it, etc	0	1	2	3	4	5	6	7	8	9	10
41	Going into trance several days in a row	0	1	2	3	4	5	6	7	8	9	10
42	Discovering that you have changed your appearance (e.g., cut your hair, or changed your hairstyle, or changed what you are wearing, or put on cosmetics, etc.) with no memory of having done so	0	1	2	3	4	5	6	7	8	9	10
43	Being bothered or upset by how much you forget	0	1	2	3	4	5	6	7	8	9	10
44	Hearing a voice in your head that wants you to die	0	1	2	3	4	5	6	7	8	9	10
45	Suddenly finding yourself somewhere odd at home (e.g., inside the closet, under a bed, curled up on the floor, etc.) with no knowledge of how you got there	0	1	2	3	4	5	6	7	8	9	10
46	Feeling as if there is something inside you that takes control of your behaviour and speech	0	1	2	3	4	5	6	7	8	9	10
47	Totally forgetting how to do something that you know very well how to do (e.g., how to drive, how to read, how to use the computer, how to play the piano, etc.)	0	1	2	3	4	5	6	7	8	9	10
48	Suddenly finding yourself somewhere (e.g., at the beach, at work, in a nightclub, in your car, etc.) with no memory of how you got there	0	1	2	3	4	5	6	7	8	9	10
49	Feeling that there is another person inside who can come out and speak if it wants	0	1	2	3	4	5	6	7	8	9	10
50	"Coming to" and finding that you have done something you don't remember doing (e.g., smashed something, cut yourself, cleaned the whole house, etc.)	0	1	2	3	4	5	6	7	8	9	10
51	Having difficulty staying out of trance	0	1	2	3	4	5	6	7	8	9	10
52	Suddenly not knowing how to do your job	0	1	2	3	4	5	6	7	8	9	10
53	Your body suddenly feeling as if it isn't really yours	0	1	2	3	4	5	6	7	8	9	10
54	Being bothered by flashbacks for several days in a row	0	1	2	3	4	5	6	7	8	9	10
55	Being confused or puzzled by your emotions	0	1	2	3	4	5	6	7	8	9	10
56	Hearing a voice in your head that tells you to "shut up"	0	1	2	3	4	5	6	7	8	9	10
57	Having another part inside that has different memories, behaviors, and feelings than you do	0	1	2	3	4	5	6	7	8	9	10
58	There were times when you "woke up" and found pills or a razor blade (or something else to hurt yourself with) in your hand	0	1	2	3	4	5	6	7	8	9	10



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Client Responses (cont.)

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
59	Hearing a voice in your head that calls you no good, worthless, or a failure	0	1	2	3	4	5	6	7	8	9	10
60	Having a very angry part that "comes out" and says and does things that you would never do or say	0	1	2	3	4	5	6	7	8	9	10